



My  
**Care**  
Consultant

Helping you get the  
care you deserve

# Are you or a loved one in need of care?

**Are you confused about what care is available?**

**Are you unsure where to find it?**

**Are you concerned about how much it might cost, and who will have to pay for it?**

**Are you finding the information that is available confusing and contradictory?**

**Are you worried about the possibility of running out of money if care is needed for a long time?**

**Do you need someone to talk to about your concerns?**

We're here to help. We understand that for many people the complexity of our social and health care system means that getting answers to these and many other questions can be difficult, frustrating and stressful. That's why we established My Care Consultant.

## Who are we?

My Care Consultant is one of the new breed of 'care navigators' whose purpose is to help those in need of care, their family, carers or their legal representatives, to find quick, accurate answers to these and many other questions that arise when someone needs care.

My Care Consultant was founded by Jacqueline Berry following personal experience of the challenges and frustrations involved in trying to navigate the complex social and health care systems that operate across the UK.

*"Decisions around care for loved ones are daunting and often made under a lot of pressure. Making the right choice can feel challenging and sometimes overwhelming."*

# What do we do?

We specialise in helping clients to:

- ensure hospital discharge is safe and aligned to current regulations.
- establish whether they qualify for local authority or NHS funding, as well as whether they are entitled to any benefits.
- understand what support services might be available locally.
- find suitable high quality local care, either at home or in a care home.
- put in place appropriate legal arrangements such as Powers of Attorney.
- understand the different ways that care can be paid for if they are not eligible for financial support, and the critical role of a suitably qualified financial adviser.

To find out if we can help, either call us on 0203 290 3110, or email us at [ask@mycareconsultant.co.uk](mailto:ask@mycareconsultant.co.uk) to receive an entirely free, no obligation 15-minute chat about your concerns. If your questions are straightforward, we'll be able to help you right away. If your situation is more complicated (as life often is) we'll be able to give you some on the spot guidance and explain how our fee-based services can help people in your situation to receive the care they deserve.

My Care Consultant offers the following services in addition to a free, no obligation 15-minute telephone consultation:

- A 60-minute guidance session in respect of difficulties you may have regarding the funding and provision of care and related issues.
- A Bespoke Care Report – containing written instructions on what to do and how to do it as well as clear next steps to take, tailored specifically to your personal situation, needs and wishes.

We will only recommend that you take advantage of one of our chargeable services if we're confident that we can save you more than the cost of the service.

If it is clear that we cannot help in your particular situation, we will tell you why, and signpost you to services that we believe are better placed to help.

To contact My Care Consultant phone: (0)20 3290 3110

Leave a message if we're busy and we'll come back to you within 1 working day

E-mail: [ask@mycareconsultant.co.uk](mailto:ask@mycareconsultant.co.uk)

Website: [www.mycareconsultant.co.uk](http://www.mycareconsultant.co.uk)

## Client testimonials

*"My Care Consultant gave excellent guidance at a very distressing time for myself and my family. Our father needed palliative care, and they helped us to understand our options and prepare for what was ahead of us. It gave us peace of mind that we finally had an information source we could trust."*

**Mrs Shonhan, London**

*"I would give the highest recommendation for My Care Consultant. It is a very caring, exceptional company that goes out of its way and really does actually care [...] This is a company you can trust when you have to make important decisions for the people you love."*

**Mr Matthews, Southampton**

*"Jacqueline was such a comfort and reassurance and her constant, straight forward, easy to understand advice was invaluable in recommending the right people to contact and offering suggestions of financial assistance."*

**Mrs Nolan, London**



*"Long-term-care is something that we are all likely to have to face at some point. If we don't need care ourselves, it's probable that a loved one will. My Care Consultant is committed to providing good, holistic care advice, and helping clients to navigate the complexity of rules, regulations and providers of services, thereby reducing anxiety at a time that is often highly stressful."*

**Jacqueline Berry, Founder of My Care Consultant**

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